

Doncaster Parent Auxiliary Council

Email: dpac.doncaster@gmail.com

Web: <https://doncasterpac.wordpress.com/>

Facebook: www.facebook.com/DoncasterPAC



Upcoming PAC Hosted Events

Fri. Jan. 17 at 6pm: Movie Night

Volunteers needed to help with Concession –contact the [DPAC](#)

Doncaster Wear: youth sizes available for purchase; \$15 T-shirts & \$30 hoodies (cash only sales during the movie)



Wed. Jan. 22: Michael Bortolotto: Social Inclusions - Student presentation during school hours

Wed. Feb. 12: Paul Mohapel: Technology and the Developing Brain - Parent Ed. Presentation

Fri. Feb. 21: Bingo Night – starts at 6pm, Doncaster Gym





Important Dates, Events & FUNdraising

Jan. 17: Grade 4 Bake Sale raising funds to support the Red Cross's efforts in Australia

Jan. 28: Hot Lunch, WhiteSpot – volunteers meet at the servery at 11:40am

Feb. 5: DPAC Meeting starting at 7pm in the library

Feb. 29: Vancouver Island Parent Conference: The Balancing Act (see attached poster)– 8:30am-4pm at Belmont School – register before Feb. 10 and subsidy may be available – contact [DPAC](#)

Easter Purdy's Chocolate Fundraiser – details to follow

Apr. 26: [Thrifty Foods Family Fun Run](#) – part of the TC 10K – register with the Doncaster Dragons team - registration is \$15 before Jan. 31, \$20 after that until race day

Special request from the PAC and Catherine Du Bois, a former Doncaster parent: Catherine has started a gofundme to support [Rebecca and Gavin](#). Gavin was a former student at Doncaster, on Nov. 28th he passed away tragically and unexpectedly from cancer. The gofundme account has been established to raise funds to help his mother following this terrible loss.



13TH ANNUAL 2020
VANCOUVER ISLAND PARENT CONFERENCE
THE BALANCING ACT

Saturday, Feb 29, 2020
8:30 am to 4:00 pm

Belmont Secondary School
3041 Langford Lake Road in Langford



workshops & education on
CREATIVE INTELLIGENCE • PARENTING • MINDFULNESS • FREEDOM • SEX • PERFORMANCE LITERACY

FEATURED SPEAKERS



ALYSON SCHAFER

Acclaimed Parenting Expert

Alyson is an internationally acclaimed parenting expert, family counsellor, and bestselling author. Audiences can count on Alyson to inspire and transform lives. Armed with years of research, clinical and field experience, Alyson provides a fresh and positive understanding of family dynamics along with actionable solutions that will give parents the skills and confidence needed to face modern life challenges. The end goal is to raise resilient, caring, and capable kids.



SHIMI KANG

Award-Winning Harvard-Trained Physician

A medical doctor, researcher, and expert on the neuroscience of innovation, leadership, and motivation, Dr. Kang provides science-based solutions for health, happiness, and achievement in the workplace, classroom, and at home. With almost 20 years of clinical experience and extensive research in the science that lies behind optimizing human intelligence, Kang provides practical tools to cultivate the key 21st century skills of resilience, connection, creativity, and more.

Registration: \$100 includes lunch and refreshments.

Registration deadline is Feb 20. Early bird rate: \$75 if registered by Feb 10.

For info updates or to register visit www.vipc.ca or email: info@vipc.ca

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