

## Doncaster Parent Auxiliary Council

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### MESSAGE FROM THE VP

The PAC is always looking for new and exciting ways to fundraise to support our teachers and students and that enhance our children's learning experience. This month we were approached with a very exciting and potentially lucrative opportunity to work with Kal-Tire and The Victoria Royals. Our boys in blue are still holding on in this playoff round and we may have an opportunity to sell tickets to an upcoming game and run the 50/50 draw for the game night. Whether it is a playoff round in the coming weeks, or next season, Doncaster families will have the opportunity to fundraise with Kal-Tire and the Royals for a record breaking 1 time fundraising event. We are counting on you, as volunteers, to help make this happen. When we find out more about our chance, we will need 25 volunteers to help run the 50/50 on game night. Huge thank you to The Berry Family for bringing this event to us. Erin Laird and I are looking forward to sharing more details with you in the next week or so. In the meantime, clear your calendars for game nights and get your 50/50 ticket voices ready! - Alexis Osmond



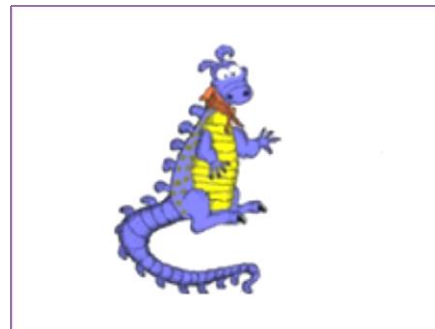
Primary Dance Club – With the help of Phoebe MacDonald, over 50 boys and girls have been learning to “move like Jagger” every other Wednesdays during lunch recess. Since November the club has been getting together and Phoebe has created a routine that will be performed April 28<sup>th</sup>. Mark your calendar and come check out their mad skills on the dance floor! Big Thank You to Ellen Busby for overseeing the sessions!



DPAC SPRING RAFFLE will begin this month – With a Vegas Vacation up for grabs! Look for tickets coming home soon.



At the April DPAC meeting Principal Margetts shared some information regarding BC's Education Plan. PAC encourages all parents to check out the information linked here: <http://www.bcedplan.ca/actions/technology.php>



### Upcoming Events

#### April 14

Cross Country, Lambrick Park

#### April 18

Good Friday

#### April 21

Easter Monday

#### April 24

Book Fair begins

#### April 28

Primary Dance Club Presentation, 1pm

#### April 29

DPAC Lunch

#### May 1

DPAC Meeting, 7pm

### Have you loaded your Thrifty Foods Smile Card lately?



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MESSAGE FROM THE PRESIDENT

Excerpts from Darren Laur presentation "Sexual Exploitation Prevention" By Catherine Du Bois

Scary stats tell us that 1 in 3 girls and 1 in 10 boys will be sexually assaulted (in some form) by age 18.

Daren Laur's second parent session, "Sexual Exploitation Prevention" outlined some warning signs that may indicate a **pedophile** (look for two or more):

- *"intense" interest in children and childlike things*
- *idealistic views of children*
- *limited peer relationships*
- *calls children their friends*
- *moves often/frequently and unexpectedly*
- *participates and organizes activities that exclude other adults*
- *takes lots of photos of children*
- *over 25, single, never married*
- *creates opportunities to be around children*
- *offers free childcare*
- *walks in on children changing or 'accidentally' touches genitalia*

Darren took the parents in attendance through the grooming process, saying pedophiles are very sophisticated and even groom the parents with their charm. Be vigilant.

Warning (behavioural) signs of sexual abuse in children:

- *unhappiness (perhaps sleeplessness)*
- *regression (in behaviours)*
- *withdrawn/lack of emotions*
- *difficulty at school*
- *hints (such as "I don't like Uncle John anymore") - children will always test the water before telling of sexual exploitation, so make sure you do NOT over react, and make sure you listen and encourage the talk, do not ignore or write it off...*
- *sexual behaviour or language that inappropriate for that age level*
- *self-destructive behaviour*
- *physical symptoms*

Remember, the biggest threat of sexual exploitation usually comes from someone you know, love or trust.

Recommended reads:

- "Speaking of Sex" by Meg Hickling
- "The Gift of Fear" by Gavin De Becker
- "Protecting the gift" by Gavin De Becker
- [www.commit2kids.ca](http://www.commit2kids.ca)

Gavin outlines things that can help minimize the risk of children falling victim to these predators:

1. detect evidence that sexual abuse has occurred (best partner - your family Dr)
2. trust your instincts (and your children's)
3. CHOOSE CAREFULLY the people you let in your child's life.

Let your children know

- they can withdraw consent once it's given
- their body is theirs
- how to talk
- how to say "no" to adults
- keeping telling until someone makes it stop

"The safest child is the one who knows he/she can approach an adult without fear or retaliation" (Posner)

DPAC is planning to host Darren Laur again in the Fall 2014 for a parent session on INTERNET SAFETY.

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